



Season 11

Placement Week 2025

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White Rose Cheer



What Are Placements?

Placements are an important component of setting our new Season teams that take place annually at WRC. As athletes gain skills throughout the years, and of course, get older, it becomes necessary to reset our teams each Season so that they are the strongest they can possibly be. Placements are essentially an evaluation of each athlete and a celebration of the hard work they have put in this season.

How do Placements Work?

Placements for our Under 6 and Under 8s will run like a regular session - stunts, tumbling, jumps and a little bit of dance! We may split them into smaller groups if we have a large intake, just so we can get to know them really well. Under 10s and older will be officially evaluated - we promise this isn't scary! All athletes will have their tumbling assessed separately from their stunting and other elements. The most important thing to remember is that **EVERYONE MAKES A TEAM**. If athletes wish to be placed on a competitive team, they will be!

The Most Important Thing

An athlete's **ATTITUDE** is by far and away our primary concern with setting our teams this year. We are looking for dedicated, team-centric, positive individuals who will bring so much more to a team fit than their stunting and tumbling, which can be taught. This will be a mandatory component of setting our higher level teams in particular.

After we have considered coachability of athletes, we will be looking at skill sets in tumbling, stunting, jumps, dance, performance and the general team-fit of where the team will thrive best. There will be spots on full tumbling teams for stunting specialists.



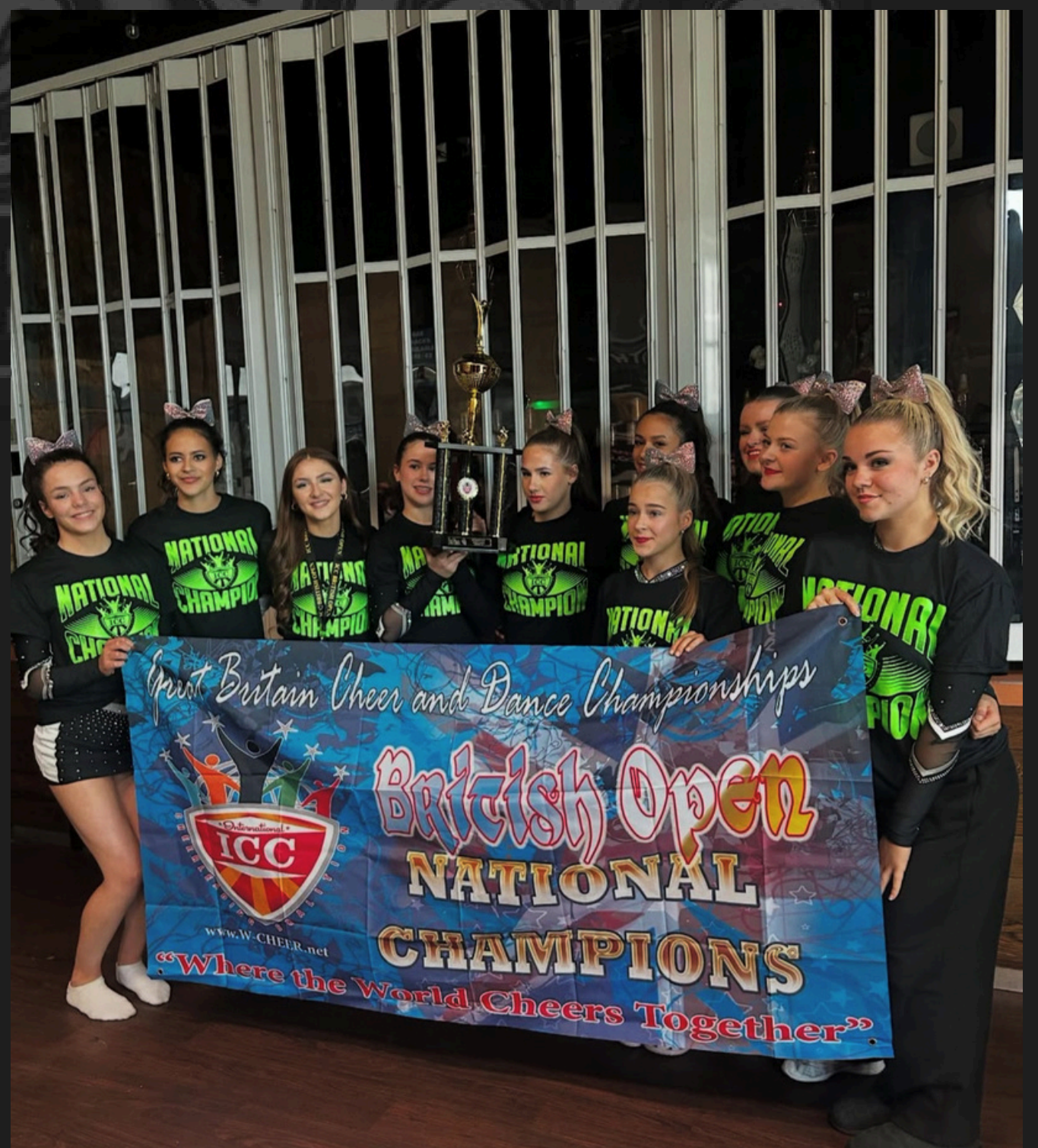
Tumbling Assessments

All athletes whom are trialling for a team within a tumbling division will need their tumbling assessed. We completely understand that everyone's experience and skills within tumbling is very varied, and within all our tumbling teams there are likely to be spots for specialist stunters/non-tumblers.

Athletes will have their tumbling assessed in their tumble groups on a Saturday if they are a regular attender. This will not require any extra effort on anyone's part, and will not come at an extra cost.

If they are not a regular attender, they will be able to attend for this evaluation during the first week of Placements (all dates/times given on pg8). This will come at a cost of £2 for returning athletes.

During this evaluation, we will be looking at the key tumbling skills needed for each level, and working one-on-one (or in small groups) to assess these skills. We are primarily looking for what can be performed on the floor safely, but are happy to offer a spot if an athlete wants to show us something new.



Key Skills per Level – Tumbling

*Here is a non-exhaustive list of the skills we are looking for, for each level/band.
You can also find a video example of these skills on our Social Media!*

Level/Band	Standard Skills	Standout Skills
Novice	Foward Roll Cartwheel	Backbend/kickover Handstand forward roll
Prep	Back Walkover (BWO) Round off	Back extension roll Front walkover (FWO) Cartwheel, back walkover
Level 1	Back walkover switch leg Back walkover series	Valdez FWO, cartwheel, back walkover
Level 2	BWO, back handspring (BHS) Back handspring step out Round off BHS series	Valdez, BHS BWO, BHS Step out, BWO Back extension roll, BHS FWO/Flyspring, through to BHS
Level 3	Standing BHS series Round off BHS tuck	Jump to BHS combinations FWO to tuck FWO/Flyspring to Aerial
Level 4	Standing BHS through to tuck Round off BHS layout	Jump to BHS tuck Punch Front to Layout Whip combinations
Level 5	Standing BHS series to layout Round off BHS Full	Standing BHS layout Jump to BHS series layout Punch front to Full Front walkover to Full Whip combinations to full

Placement Night – What Happens?

On the regular placement night for each age group, you can expect the following skill sets to be looked at by our Coaching and Junior Coaching team:

- Stunting
- Jumps
- Dance/Choreography/Performance

It is very likely we will be looking at athletes in many different stunting combinations, including those in positions they may normally not do. We very much value versatility and athletes that are open to trying lots of new things will be able to be utilised in far more teams.

We will be releasing a short dance on Social Media at the start of June, ready for everyone to learn for Placement Week! It will be mandatory for all International Team hopefuls, U16, U18 and Open athletes, and very much encouraged for our younger ages. We will not ask our U6 and U8 athletes to show us this dance, unless they would really like to.

Whilst we have done separate tumbling assessments, chances are we would like to see tumbling in synchronised groups, with partners, or to counts, too.



2025-2026 Age Grid

Athletes will automatically be expected to come for the FIRST age group they are eligible for. Athletes will be invited to tryout for an older age group at coaches' discretion.

BIRTH YEAR	U6	U8	U10	U12	U14	U16	U18	Senior	Open
2022	<div><div>✓</div><div>Novice/Prep Only</div></div>								
2021	<div>✓</div>	<div>✓</div>							
2020	<div>✓</div>	<div>✓</div>							
2019	<div>✓</div>	<div>✓</div>	<div>✓</div>						
2018		<div>✓</div>	<div>✓</div>	<div>✓</div>					
2017		<div>✓</div>	<div>✓</div>	<div>✓</div>					
2016			<div>✓</div>	<div>✓</div>	<div>✓</div>				
2015			<div>✓</div>	<div>✓</div>	<div>✓</div>				
2014				<div>✓</div>	<div>✓</div>	<div>✓</div>		<div>✓</div>	
2013				<div>✓</div>	<div>✓</div>	<div>✓</div>		<div>✓</div>	
2012					<div>✓</div>	<div>✓</div>	<div>✓</div>	<div>✓</div>	
2011					<div>✓</div>	<div>✓</div>	<div>✓</div>	<div>✓</div>	
2010						<div>✓</div>	<div>✓</div>	<div>✓</div>	<div>✓</div>
2009						<div>✓</div>	<div>✓</div>	<div>✓</div>	<div>✓</div>
2008							<div>✓</div>	<div>✓</div>	<div>✓</div>
2007							<div>✓</div>	<div>✓</div>	<div>✓</div>
2006 and older								<div>✓</div>	<div>✓</div>

Overview of Dates Pre-Placement Camps & Events

Thursday 26th June – Non-Tumbling Camp

7.00-9.00pm, Levels 3-6, £7 WRC Athletes/£10 New Athletes

Sunday 29th June – Elite U12's Camp and Open Gym

Elite U12 Camp - 3.30-5.30pm, £7 WRC Athletes/£10 New Athletes

Open Gym - 5.30-7.30pm, £7 WRC Athletes/£10 New Athletes

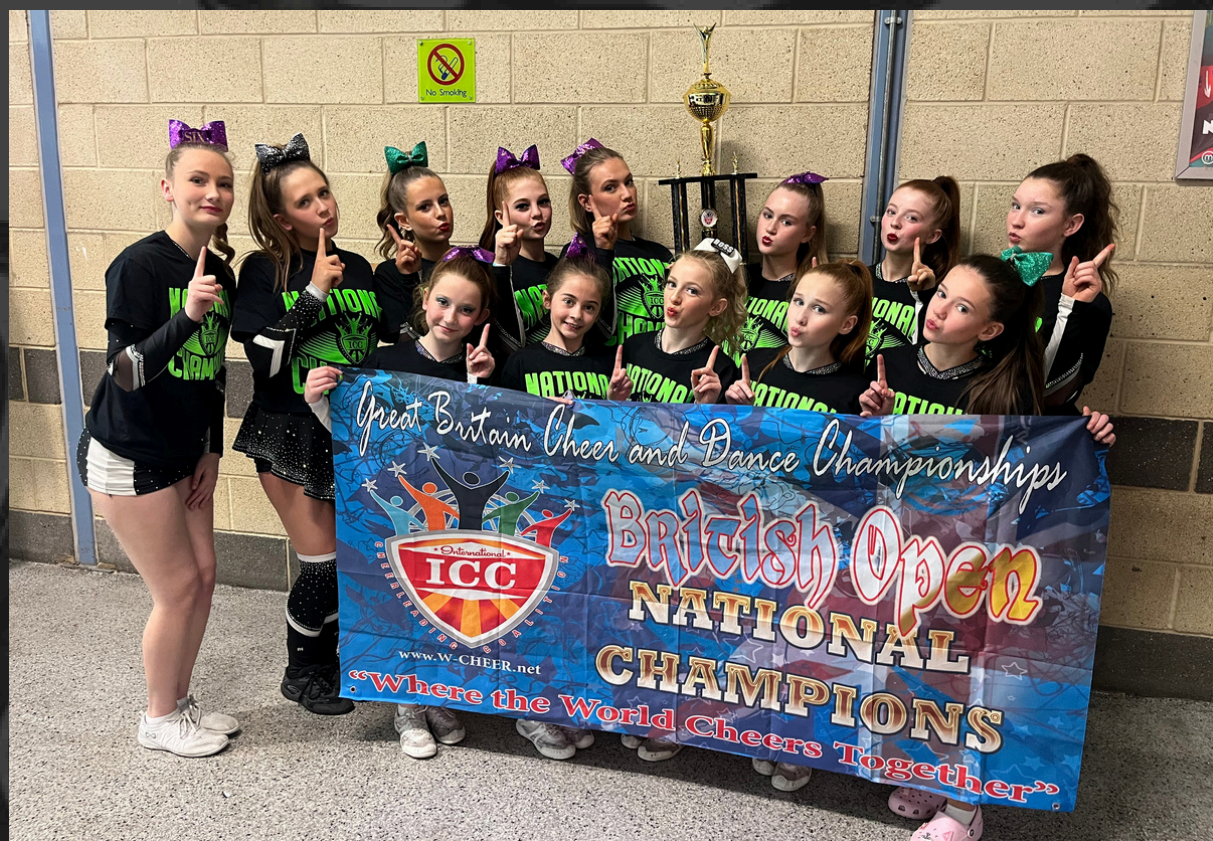
Monday 30th June

Bookable Flyer Evaluations

Thursday 3rd July – Worlds Team Camps

Camp 7.00-9.00pm - £7 WRC Athletes/£10 New Athletes

Those interested in Icons U18 Coed Level 5 and Idols Open NT6



How do I book on?

All Camps and Open Gyms are bookable using the following link:

<https://forms.gle/ttZipfdakNKys1Vo8>

Those of you wishing to book a Flyer or Tumbling Evaluation can indicate this on your Placement Form.

Overview of Dates – Week 1

All athletes will be expected to attend the Placement Night that best fits their age FIRST - i.e. the youngest age category they are eligible for. Coaching Staff will issue invites to athletes whom we feel we'd like to see in an older age group.

Monday 7th July

U6 and U8 Placement Night - 5.00-7.00pm. *Birth Years 2017-2022*

U10/U12 Tumbling Evaluations - 7.00pm onwards. *Birth Years 2013-2016*

Tuesday 8th July

U10 Placement Night - 5.00-6.30pm. *Birth Years 2015-2016*

U12 Placement Night - 5.00-7.00pm. *Birth Years 2013-2014*

U14/U16 Tumbling Evaluations - 7.30pm onwards. *Birth Years 2009-2012*

Wednesday 9th July

U14 Placement Night - 5.00-6.30pm. *Birth Years 2011-2012*

U16 Placement Night - 6.30-8.00pm. *Birth Years 2009-2010*

U18/Senior/Open Tumbling Evaluations - 8.00pm onwards. *Birth Years 2008 and older.*

Thursday 10th July

U18 Placement Night - 5.00-6.30pm. *Birth Years 2007-2008*

Senior Placement Night - 6.30-7.30pm. *Birth Years 2014 and older*

Open Age Placement Night, including all Non-Tumbling - 7.30-9.00pm - *Birth Years 2009 and older*

Saturday 12th July

International Placement Day

Session 1: 10.00am-12.00pm - IASF Worlds Teams Tryouts

Session 2: 12.30pm-2.30pm - Summit Tryouts

Session 3: 3.00-5.00pm - All Star Worlds Teams Tryouts (ASW)

Sunday 13th July

International Placement Day

European Summit Tryouts - 10.00am-12.30pm

Open Gym for all athletes aged 10+ - 12.30-3.00pm

Overview of Dates – Week 2

Monday 14th July

Icons Callbacks - 6.00-7.30pm

Idols Callbacks - 7.30-9.00pm

Athletes will be informed whether they have received a callback on Sunday 13th July

Tuesday 15th July

Summit Teams Callbacks Session 1: 5.00-6.30pm

Summit Teams Callbacks Session 2: 6.30-8.00pm

Athletes will be informed whether they have received a callback on Sunday 13th July

Thursday 17th July

Evening blocked out for further callback sessions if required

International Teams Reveal Monday 21st July 6.00pm @ The White House

Come down to the gym to find out your Placement for International Travel Teams LIVE! At 6pm we will be inviting all successful athletes into the gym, to find out their Team Placement, where they are travelling to, and to meet their teammates!

Emails will be sent either Monday 21st or Sunday 20th July, letting all athletes know who tried out for an International Team whether they have been successful or not at gaining a space on one or more of these teams. You won't be told which one though - that's what you'll find out at the reveal!

Domestic Teams Reveal Monday 21st July

All domestic/weekly teams will be revealed via email on the evening of Monday 21st July. It is likely these will begin after the International Reveal has concluded, so please do not expect these before 7.30pm!

Placement Week FAQs



I am eligible for multiple age groups, can I just turn up in any slot?



We would like to see all athletes in the age category that they are eligible for FIRST, i.e. the YOUNGEST age group they are able to be placed on. For example, an athlete born in 2012 is FIRST eligible for U14s, an athlete born in 2008 is FIRST eligible for U18, etc. You can find a full list of which teams your athlete is eligible for on pg6. Coaches will invite athletes to trial in an older age group that they are age eligible for, if they feel that the athlete would be a better fit there, or can provide a skill set that will be needed.



I'm a non-tumbler. Is there a place for me?



Absolutely! We value all our athletes, regardless of the skill set they come in with. If you are wanting to learn tumbling, we have extensive avenues here for you to learn. If you are happy being a non-tumbler, we will in all likelihood place you on one of our many Non-Tumbling Teams. This season, we aim to have NT teams from Level 2 through to Level 6. There are spots for stunting specialists on all full tumbling teams, too.



I can't attend Live Placements. What should I do? Am I able to try out?



Whilst we definitely prefer to see you in person, we appreciate that on occasions another commitment has to take precedence. If you are not able to come to the night specifically assigned to your youngest age band, please email us on whiterosecheer@gmail.com and we will advise if we would like to see you on another evening. If you are away for the whole placement period and an existing/returning athlete, we will place you based on what we know of you from the season that's just passed. If you are a new athlete with us, we will arrange for you to send us a video tryout, and we will assess your skills live on your first practice with your team. We would recommend attendance at one of our Pre-Placement Camps wherever possible.

Placement Week FAQs



My Athlete is new to WRC, can I stay and watch Placements?



Placements are CLOSED to all parents, including new parents. We apologise - our venue simply does not have the capacity to hold all athletes trialling, PLUS spectators! We are happy for new parents of our U6 and U8 cohort to bring athletes into the main body of the gym if it's their first time, and ensure they know what they are doing. We would appreciate if parents would vacate the premises 5-10 minutes or so later! Any new parents/athletes are welcome to come to the gym and observe an existing session if you wish before Placements commence - please email whiterosecheer@gmail.com if you wish to arrange this. We have a waiting/reception area if you wish to stay, and lots of staff and helpers will be on site to answer any questions you have whilst your athlete is doing their Placement.



My athlete is a flyer. Will she be guaranteed a flying spot on a team?



We are not able to guarantee stunting positions for any athlete on any team. Flyers are expected to maintain a very specific skill set, encompassing a high technical execution of stretching and performance, and flyers will be chosen for routines based on their flying ability and team cohesive fit. We very much value versatility here, and all flyers also have a plethora of basing skills which they can and do use in crossover teams they are a part of.



Is there a charge to attend Placements?



For all existing/returning WRC athletes, Placements are FREE OF CHARGE. This will be encompassed in your July fees. A charge will be issued if these have bounced.

For all New athletes, Placements cost £5. This enables us to cover all the costs involved in the administration of placing teams and represents the hours and days this process takes!

Anyone wishing to have a Flyer or Tumbling Evaluation will be expected to pay £2 (Existing WRC Athletes). New athletes are able to have their flying and tumbling skills assessed included in their £5 Placement Fee.

Financial Offers

**SPECIAL
OFFER**

*Pay your season in full before
31.08.2025 and receive a 10% discount*

**SPECIAL
OFFER**

*Pay competition fees in one go,
OR in three instalments*

**SPECIAL
OFFER**

*Sibling discount of 10% across primary
training fee for less expensive fee,
regardless of household residing.*

**SPECIAL
OFFER**

*Junior Coaches Discount of 50% across primary
training fees for all nominated JCs, and 10% for
those starting their journey.*

**SPECIAL
OFFER**

*Win Your Season is back! All Placement Forms
automatically entered once. Extra tickets can be
purchased.*

**SPECIAL
OFFER**

*Pay Membership Fee before
31.07.2025 and receive your
Tumbling Program HALF PRICE!*

What Happens Next?

1

Read our Placement Week and Most Important Policies Handbooks, on our website.

2

Head to our Placement Form to register your spot:

<https://forms.gle/VYSUPAerRQfCvem37>

3

Interested in being a part of our International Travel Teams? Don't forget to fill this Form out too:

<https://forms.gle/UHrPYd2gL8mkXgMr7>

4

Put the Placement Dates in your Diary! Placements start July 7th. You can find specific dates in the Placement Week Handbook!

5

Come to The White House on your Placement Night! We can't wait to welcome you!