

White Rose Cheer



International
Travel Teams
Handbook
2024-2025



Introduction to our International Program

We are so excited to present our International Opportunities this season for our athletes on White Rose Cheer!

We currently hold FOUR bids to World Level Events in Orlando, Florida, across April 2025:

- **Icons Level 5** to The Cheerleading Worlds in ESPN within Disney World, on an At-Large Bid from BCA, on 26-28th April 2025.
- **Obsession Senior Level 4.2 , Odyssey Youth 1, and Optimum Youth 2** to All-Star Worlds in Orange County Convention Centre, twinned with Universal Studios, Orlando, on 15-18th April 2025.
- Odyssey U12 1 and Outlaws U16 2 to Nfinity Finals in Universal Studios, Florida, on 4-5th May 2025.

We also hope additionally to field teams travelling to the Elite Cheerleading Championships in Bottrop, Germany. All purposely constructed International Teams travelling to Germany will be training on selected dates, to be confirmed upon the completion of Team Placements, and all dates are mandatory – our “red zone” policy does not cover teams training internationally.

All payments given in this document are the cost for ONE traveller, unless stated, and are an ESTIMATE. We will do our best to save money wherever possible and our Orlando teams carry the expectation of a commitment to fundraising. Parents will be asked upon acceptance of their place if they would like to be part of the 2025 Fundraising Team.

Those travelling to Orlando will benefit from a Package Deal provided by White Rose Cheer, through CheerTravelUK. This will include flights, accommodation in Villas, and minibuss transfers. For any European trips, we will sort an accommodation and transfers package through CheerTravelUK but we invite parents/families to book their own flights, due to rising costs with block booking on European Flights.

We hope this document answers all your questions. If it does not, please don't hesitate to email us at whiterosecheer@gmail.com where we'll be happy to help.

What do we look for in an International Athlete?

We will place all athletes for our International Program following indications on everyone's Interest Forms, plus the results of our International Travel Teams Placement Day on Sunday 28th July. Parents/athletes will be asked on their Placement Forms if they wish to be considered for an International Travel team.

As with all our team placements, we are looking to place athletes on these teams who:

- Have the strongest skills possible in both stunting AND tumbling for the level of the team. There will be notable exceptions to account for stunting and tumbling specialists, but these will be sparse.
- Have a good history of "coachability". Trying new things, working hard outside of practice, being positive in training, listening to their coaches and applying corrections first time, giving 100% to whatever they're trying – are all essential components of being a part of an International Team. All athletes must additionally be prepared to accept any stunting position given on any team - we are cheerleaders first, and flyers/bases second.
- Have an impeccable history of attendance, punctuality, and a consistent financial record with no arrears on their account.
- Are excellent team-mates both on and off the mat. International athletes will be expected to spend a lot of time together whilst abroad and we have zero tolerance on bullying, forming cliques, and excluding athletes from daily activities whilst in a different country.
- Have a complete respect of the knowledge that they are representing White Rose Cheer and the UK - and will do so with great sportsmanlike conduct.

We naturally want to field the strongest routines possible for our chosen levels and age groups. We want the greatest chance at success – in all ways. It's not the 2.5 minutes on the mat that makes a trip successful – we want the athletes to create wonderful memories with their teammates and have a real learning experience.

Athletes are permitted to attend more than one international trip – please bear in mind the extra commitment and cost. You will have the option to indicate this on your Placement Form.



Orlando, Florida



Allstar World Championships (ASW)

The following teams hold bids to travel to ASW in April 2025:

- **Obsession, Senior Level 4.2 - birth year 2005-2012**
- **Odyssey, Youth Level 1 - birth year 2012-2019**
- **Optimum, Youth Level 2 - birth year 2012-2019**

Important Dates Regarding the 2025 Event

- The competition will be held on Tuesday April 15th-Friday April 18th 2025.
- Our trip will depend very much on flight prices, but we anticipate flying on 11-13th April and returning on 21st-23rd April.
- There will be options to return home immediately following the event if needed/wanted to, on either Thursday 17th or Saturday 19th.
- Families are very welcome to extend their trip if they so wish. You will be free to discuss with CheerTravelUK any amendments to your trip, which will include any alternative accommodation you like, plus a flight home to suit you/your party.

IASF Cheerleading Worlds

The following team holds a bid to travel to IASF Worlds in April 2025:

- **Icons, Level 5 - ages TBC**

Important Dates Regarding the 2025 Event

- The competition will be held on Saturday April 26th - Monday April 28th 2025.
- Our trip will depend very much on flight prices, but we anticipate flying on 19-21st April and returning on 1-2nd May.
- There will be options to return home immediately following the event if needed/wanted to, on 29th April.
- Families are very welcome to extend their trip if they so wish. You will be free to discuss with CheerTravelUK any amendments to your trip, which will include any alternative accommodation you like, plus a flight home to suit you/your party.



Orlando, Florida

Further Information



- All athletes under the age of 18 MUST be accompanied by an adult who is responsible for them. This does not have to be their own parent, and coaches are happy to chaperone athletes travelling as part of the program.
- Once we have finalised the rosters, we will be asking if any parents are prepared to be "chaperones" for the trip for any athletes under the age of 18 who are planning to travel without their parent. There will be a financial incentive for doing this, covered by the athlete's family in question.
- All athletes must travel with and stay with the team.
- If full families are wishing to join us on our trip, you will be very welcome to do so. We plan on housing like-for-like groups together with similar aged children.
- Please bear in mind that if you as a family choose to stay "off-site", and not part of our package trip, your athlete will be expected to stay in the club villas with us.
- All athletes over the age of 18 are expected to travel alone, and stay in club villas with the team.
- We are happy, should age grids permit, for athletes to be part of both ASW and IASF Worlds. However, you must consider the time you will be required to be in Florida for, plus the finances involved.

Expected Costs

Item	Cost	Payable by
CheerTravelUK Package - flights, accommodation and minibuses	ASW - approx £1700 IASF Worlds - approx £1400	Deposit £150 per traveller by end of July Final balance by mid-January Instalments available - Sept, Nov and Jan.
Entry Fee to Competition	ASW - approx £200 IASF Worlds - approx £375	ASW - early January IASF Worlds - March
Spectator entry to competitions	Packages range from \$40-350	ASW - early January IASF Worlds - March



Bottrop, Germany



Elite Cheerleading Championships

As we have done with previous years, we are hoping to put together special teams that form purely for the purpose of travelling to this event. This is not an all-levels event, and we can only field teams in the following categories:

- U12 Level 0, 1, 2 and 3 (born 2012-2017)
- U16 Level 3 and 4 (born 2008-2013)
- U18 Level 3, 4 and 6 (born 2006-2011)
- International Open Level 4, 6 and 7, including NT6 and 7 (born 2009 and earlier)

Therefore our team choices will reflect these divisions and is in no way indicative of the clear talent we have in our older, lower level teams!

Important Dates Regarding the 2025 Event

- The competition will be held on Saturday 7th - Monday 9th June 2025.
- All athletes will be expected to fly on Friday 6th June, and return on Tuesday 10th June. Exceptions will be permitted for athletes competing Saturday only who have a GCSE/A-Level exam on Monday/Tuesday and they will be permitted to fly home Sunday.

Training Dates

All teams travelling to Germany will be training on one weekend day, likely a Sunday, per month or thereabouts. We will construct and confirm all training dates upon setting the teams after Placement Week. You will have the opportunity to indicate weekend dates you cannot attend in your Interest Form, which will be considered when we are constructing timetabling. Each training session will cost £20.

Expected Costs

Based on our 2022 trip to the same event, we anticipate:

- Flights from Manchester to Dusseldorf International for approx. £120 return. All flights will be booked by individual families travelling, in order to ensure flexibility for everyone and to utilise different flight combinations to suit different families.
- Accommodation for 4 nights to Neue Mitte near Oberhausen for £180-230 per person, depending on the amount of people sharing a room.
- £50 entry fee for the competitors for the event.

Important Information

All athletes will be expected to stay with the group, or to stay within the same region. All athletes will be expected to travel on the group coach to and from the event each day, from the team hotel organised by CTUK. Families are welcome to stay elsewhere. No athletes will be able to be chaperoned by WRC Coaches, but you are welcome to nominate another WRC Parent to chaperone your child if you wish.

International Travel Teams Placement Day

- All athletes will attend Placements within their regular age group.
- All athletes who are hoping to be placed on any team travelling to Orlando or Germany will additionally be expected at a session on Sunday 28th July, alongside anyone hoping to be placed on Infinity U16 Level 1.
- Any athlete that fits the age category is welcome to attend on this day. We will reach out to particular athletes to ascertain their attendance at a particular session on that day if we feel it will be a very good fit for them.
- All athletes that are successful in obtaining a space on any team travelling to Orlando will be invited into the gym on Wednesday 31st July from 6.30pm onwards for our Team Reveal. Here, we plan to reveal our teams formally and really make a fuss of the travelling athletes.

Team	Time on Sunday 28th July	Who should come?
Icons and Idols Level 5 and 6	<i>Registration: 9.45am 10.00am-12.00pm</i>	Born 2011 and older Strong stunting skill set to at least Level 4 <i>Tumbling skills desired: standing two handsprings to layout, running pass ending in a full</i> Spaces for both tumbling and stunting specialists.
Obsession and Germany Senior Program	<i>Registration: 12.00pm 12.15-2.15pm</i>	Born 2012 and older Strong stunting skill set to at least level 3 <i>Tumbling skills desired: standing back handspring tuck, round off back handspring layout</i> Spaces for both tumbling and stunting specialists.
All U12-U18 USA and Germany hopefuls	<i>Registration: 2.15pm 2.30-4.30pm</i>	Born 2006-2019 inclusive Strong stunting skill set at level 2 <i>Tumbling skills desired: Standing back handsprings, running pass with back handsprings, ideally tucks</i> Spaces for both tumbling and stunting specialists.
Infinity U16 1	<i>Registration: 4.30pm 4.45-6.45pm</i>	Born 2008-2013 inclusive Exceptional stunting skill set at level 1 <i>Tumbling skills mandatory: back walkover</i> <i>Tumbling skills desired: switch leg back walkover, front walkover</i>

Non-Attendance on Sunday 28th July

Can't attend on Sunday 28th July for any of the Orlando Placements, but still wish to be considered for the trip? No problem!

Existing athletes - We will place you based on how you have performed this season, how you perform in the weekly placements (if applicable), and what we know of you.

New athletes - **please submit a video** showcasing all of your recent skills to whiterosecheer@gmail.com by Sunday 28th July 5pm LATEST, Please send:

- ONE video showcasing all skills you wish to show us
- Please introduce yourself at the start of the video, and let us know which team(s) you are hoping to be considered for
- Within your video, we will need to see your best standing tumbling skills, running tumbling skills, jumps, jump to tumble skill, and a range of stunting skills in your preferred stunting position(s).
- If you are hoping to be considered as a flyer, we will need to see all your stretches in the air. Please showcase heel stretch/front stretch, arabesque, and your strongest back stretches, ideally on both legs.
- Please be aware that upon your first session with us, you will be asked to demonstrate each skill in your video live at the gym. We will invite you in early to showcase these!

The Small Print

- All financial deadlines must be strictly adhered to. We welcome communication between parents and coaches/director if you know a particular deadline is approaching and you will struggle. We cannot help or advise if we don't know!
- Every date in the cheer calendar must be honoured - choreography dates and competition dates are mandatory for all athletes if they hope to travel.
- Weekly training sessions must be attended unless there is a clear authorisable reason for not doing so as per the Attendance Policy. This will be strictly enforced and athletes may find their role within choreography significantly reduced if they are found to be regularly utilising authorised absences, at the very least.
- Fundraising opportunities will be created and prioritised by the Fundraising Team for the benefit of all athletes who participate. Athletes who choose not to participate may find that their personal bill raises as we will not be able to apply fundraising credits to their account.
- A full statement of fundraisable items will be issued upon the completion of Placement Week, including how parents can get involved if they so wish.
- All Orlando payments can be paid for in instalments, which can be arranged with CheerTravelUK.
- Upon an offer of a place, athletes and travelling family members must be prepared to meet the condition of a £150 deposit PER TRAVELLER to be paid to CheerTravelUK to hold their spot on the trip immediately. Non payment of this deposit will result in loss of place.
- We will not be authorising any Orlando athletes taking trips from March onwards, due to the proximity of the trip and the need to have our teams training with all members present. We will confirm a full schedule of training upon receipt of Team Placements.
- Icons are scheduled to train twice weekly. All other USA Teams will train once weekly. Obsession are likely to be training fortnightly, on alternate Saturdays. Germany teams will train once a month.