

## **White Rose Cheer**

### **External Bookings Policy 2025-2026**



#### ***Booking in a slot/About our gym***

- Please contact White Rose Cheer on email at [whiterosecheer@gmail.com](mailto:whiterosecheer@gmail.com) to request a slot. From there, the team will discuss any availability with you.
- Please be aware that any contact made across Social Media accounts may not result in the fastest response.
- Please be aware that Sundays, and Saturdays post 4pm are our most popular slots for booking, and generally when the gym is available. Weekday evenings are usually very full unless you are prepared to train very late.
- The gym holds two sprung floors (one full size), a host of tumbling equipment, dedicated parking, an upstairs dance studio, and a small reception area for parents to wait if they need to.

#### ***Before you arrive and paying for your session***

- Ensure your booking is paid for **in full** to the following account:  
Name: White Rose Cheer  
Bank: Natwest  
Account Number: 77978943  
Sort Code: 51-61-11  
*Please use the name of your club/company as a reference.*
- Your booking will be cancelled if funds are not transferred and received 24 hours beforehand.
- Please let us know if you require an invoice sent to you, otherwise these are not automatically done.
- All bookings, unless stated, are £40 per hour.
- On the day of your booking, the gym is unlikely to be opened until around 10 minutes before your booking is due to start. Please advise your parents/travelling athletes to not arrive too early. If you are a regular attender, we may allow you to open the gym yourself through use of the located lock box.

#### ***During your session***

- You will have full use of the entire gym for your booking, unless stated and agreed upon beforehand.
- Please be considerate when parking. There are other units on our site which need to be accessed. Do not park directly in front of their roller shutter doors.
- All items are brought at the responsibility of the owner. White Rose Cheer accepts no liability for any lost or damaged items.
- The speaker will be plugged in for you when you arrive by a member of WRC Staff. If you wish to use it, you can pair your phone's bluetooth with it - it is called "Total PA Max".

- If the gym is particularly cold, a staff member will turn on the blow heater for you. This must remain on for FIFTEEN MINUTES ONLY. The staff member will show you how to switch it off, and you must ensure this is done at the designated time. A charge will be applied if this is not done, regardless of the reason - it is VERY expensive. Please be aware that the heater will continue to blow once it has been turned off. This is normal - it is cooling down!
- If the gym is particularly warm, you are welcome to open the large roller shutter doors and/or the fire exit at opposite ends of the gym. A staff member will show you how to do this.

***After your session is completed***

- Please be aware that the finish time as stated on your booking is the time when you should be vacating the building. Please bear this in mind when doing final runs, debriefing with athletes and parents, and collecting belongings.
- A charge will be applied if you are more than 5 minutes over your allotted time slot. White Rose Cheer has arranged and paid for staff to come and lock up the building for you and it is not fair to keep them waiting.
- Please leave the gym in a state in which you would be happy to find it. All spaces used must be clear, all rubbish placed in a bin, and staff must be told if there are any major issues that occurred during your booking (e.g. a toilet became blocked).

**We are looking forward to welcoming you to our home!**  
**The WRC Team**

***Policy Created: 16/02/2024***

***Policy Ratified: 15/08/2025***